

Educational Series: The Impact of Sleep Disorders on Public Health

Register now for upcoming evening webinars exploring the impact of sleep disorders on public health. The webinars are free to attend and each will consist of a presentation with a Q&A session.

22nd April 2026 – 7-8pm

Sleep and Sleep Disorders and Health Inequalities: A Public Health and Systems Perspective

An exploration of sleep and health and common sleep disorders, how undertreatment drives long-term conditions and addressing the systemic inequalities in recognition, diagnosis, access, and commissioning in the UK.

Chair: Professor Joerg Steier, Guy's & St Thomas' NHS Foundation Trust/King's College London

Speaker: Professor Michelle Miller *BSc (Hons), PhD, MAcadMed, FFPH, FBHS, FAHA*

19th May 2026 – 7-8pm

Beyond Tiredness: The Clinical Challenge of Narcolepsy and Hypersomnolence

Examination of diagnostic and treatment challenges within narcolepsy and hypersomnias, alongside evidence-based strategies and emerging approaches to improve care delivery and outcomes.

Chair: Jasvinder Kaler, Guy's & St Thomas' NHS Foundation Trust

Speaker(s): Professor Guy Leschziner, Guy's & St Thomas' NHS Foundation Trust & Jasvinder Kaler

11th June 2026 – 7-8pm

Respiratory Sleep Disorders: A Public Health Priority

This session explores the public health burden of OSA and related sleep disorders, discussing how early identification, risk stratification, and evidence-based management can reduce impact on health outcomes and the NHS.

Chair: Professor Joerg Steier, Guy's & St Thomas' NHS Foundation Trust/King's College London

Speaker: Dr Sonya Craig, Aintree University Hospital

REGISTER NOW

This event series has been organised and funded by Bioprojet UK Limited, the webinar sessions are intended for healthcare professionals in the UK and Ireland only and some sessions will contain promotional product information.

UK-WAK-26-009 March 2026